



## Adult Children of Alcoholics® Alcoholic/Dysfunctional Families

Adult Children of Alcoholics and Dysfunctional Families (ACA or ACOA), is as an international 12 Step / 12 Tradition Recovery Program for individuals who grew up in alcoholic or dysfunctional homes. ACA does not seek to assign blame to parents or caretakers, but we seek to understand the reality of how the disease of alcoholism AND family dysfunction infected and affected us as children, and continues to affect our adult behavior today.

### **Family Dysfunction can include:**

Alcoholism, Abandonment, Neglect, or any type of addiction or abuse.



Commonality = shame / abandonment

**Find the Solution.**

ACA Intergroup of Southern Nevada  
**BattleBornACA.com**



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